



## About

LIFT is a spring retreat for 6<sup>th</sup>-8<sup>th</sup> grade students at The Shepherd's Church. The retreat is centered on these four ideas: *Love*, *Identity*, *Formation*, and *Truth*. At this stage, we want our middle schoolers to grow in their love for Christ, discover their identity in Christ, be formed like Christ, and learn the truth about Christ from His Word. Accompanied by their small group leaders, our middle school students will enjoy an overnight stay at the newly renovated New Life Camp in Raleigh, NC. In addition to Bible teaching and worship, students will participate in a variety of games and activities throughout the weekend. This retreat will allow students to unplug from their daily routines so they can cultivate healthy relationships, grow in their spiritual walk, and make some memories!

## Sessions

The sessions will be led by Devin Gallagher. He will be speaking on the theme "Transformed" from the following passages:

- Session 1 – Romans 12:1-2
- Session 2 – Colossians 3:1-11
- Session 3 – Philippians 3:17-21

## Dates & Location

March 24-25, 2023

New Life Camp – 9927 Falls of Neuse Rd, Raleigh, NC 27614



## Registration

Student Cost – \$100

Leader Cost – \$50

Cost is all-inclusive (lodging, meals, activities, t-shirt). You can register online at **shepherds.org**. No refunds will be given after March 16, 2023.

## Emergency Contacts

**Caleb Cruse**

704-689-4384

ccruse@shepherds.org

**Devin Gallagher**

252-414-1175

dgallagher@shepherds.org

## Check-in & Transportation

**Transportation to and from New Life Camp (Raleigh, NC) is not provided by The Shepherd's Church.** On Friday, March 24, students can be dropped-off at New Life Camp between 5:00 and 5:45 pm. On Saturday, March 25, students will need to be picked up between 4:00 and 5:00 pm.

## Schedule

### FRIDAY

5:00-5:45	Drop Off/Check-in
6:00	Dinner
<b>7:00</b>	<b>Session #1</b>
8:00	Small Groups
8:30	Bonfire
10:30	Head to Cabins
11:00	Lights Out

### SATURDAY

8:00	Breakfast
<b>9:00</b>	<b>Session #2</b>
10:00	Small Groups
10:30	Group Photo
10:45	Free Time
12:00	Lunch
1:00	Activities
4:00-5:00	Pick Up

### SUNDAY

<b>9:30</b>	<b>Session #3*</b>
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*\*Session #3 on Sunday will take place at The Shepherd's Church Chapel.*



## Packing List

- ☐ Bible
- ☐ Notebook and Pen
- ☐ Warm clothes
- ☐ Sneakers
- ☐ Winter coat/jacket
- ☐ Toiletries
- ☐ Sleeping Bag/Linens
- ☐ Towels
- ☐ Flashlight (optional)

## Retreat Rules

- No cell phones or other electronic devices.
- No tobacco, drugs, or alcohol.
- No fireworks, knives, nunchucks, ninja stars, or nuclear weapons.
- Students must attend and be on time to all scheduled events. No pranks or raids allowed.
- Students must not leave the retreat site.
- All parents/students are financially responsible for any damage incurred on the retreat property by your students.
- Always bring your Bible to sessions.
- Lights out means all rooms must have their lights out and be quiet. Showering, changing clothes, and brushing teeth must be done *before* lights out.
- Have fun and make memories!!